



Joseph M. Berman, M.D.

Education

- Indiana University - BA Zoology 1971
 - Other concentrations-Chemistry, Psychology, Physics, Language, and Music
 - AED - Pre-Med Honor Society
- Universidad Autonoma de Guadalajara - MD 1975
- New York University - Clinical Clerkship (Fifth Pathway)
 - Brookdale Hospital, Brooklyn, New York - Completion 1976
- Internship and Residency - 1976-1981
 - Akron City Hospital, Akron, Ohio
 - Akron Children's Hospital, Akron, Ohio
 - Chief Resident 1980-1981
- Fellowship - June-September 2003; Shoulder Arthroscopy; San Antonio, Texas; Director - Steve Burkhart, MD
- Board Certification - American Board of Orthopedic Surgery 1989
- Recertification - American Board of Orthopedic Surgery 1998-2009

Publications

- "Neonatal Fracture - Separation of the Distal Humeral Chondroepiphysis: A case report"; Berman, JM, Weiner, DS; Orthopedics; September 1980; Volume 3, Number 9, Pages 875-880
- "Auxiliary Portal for Assessing Patella Femoral Alignment"; Berman, JM; Orthopaedic Review; Volume XIX, Number 9, September 1990, Pages 819-820
- "Patella Chondromalacia; Health and Muscle"; Volume 2, Number 3; May-June 1999; Pages 28-30; New Delhi, India
- "Coblation Articular Cartilage Surgery: Post Marketing Surveillance Study"; Published in a non-peer review basis by ArthroCare; 2000; served as participating doctor for basis of market research

Submitted for Publication

- Preliminary Report: Technique Modification of Bone-Tendon-Bone ACL Reconstruction Using LAD; Submitted to Journal of Knee Surgery; (Never Published)

Professional Affiliations

- Fellow - American Academy of Orthopedic Surgery
- Fellow - International Arthroscopy Association
- Fellow - Arthroscopy Association of North America
- Fellow - International Society of Arthroscopy, Knee Surgery, and Orthopaedic Sports Medicine
- Fellow - International College of Surgeons

- American Medical Association
- Southern Orthopedic Association
- Southern Medical Association
- Texas Medical Association
- Texas Medical Foundation
- Texas Orthopedic Society
- Tarrant County Medical Society
- American Physicians Fellowship for Medicine in Israel

Non-Professional Affiliations

- National Board of Advisors of US Ortho, A Toronto Medical Company, Aurora, Colorado - 1990-1994
- Board of Directors of Karate International Council of Kick Boxing - 1990-1992
- Team Physician for Mansfield High School Varsity Football; Mansfield, Texas; 1993-1999
- Advisory Board of Health and Muscle Magazine; New Delhi, India 1999 - 2001.

Professional Lectures

- Guest Lecturer at Society of Sports Medicine; Hadassah Medical Center, Jerusalem, Israel. Topic: Composite Graft of Bone-Patella Tendon-Bone and LAD; November 1991
- “Keys and Pearls to Examine a Knee”; Lecture to the Emergency Room Staff of Columbia-HCA Arlington Medical Center - November 1993
- Guest Lecturer at “Controversies in Medicine” sponsored by the Middlesex Professional Services & Middlesex Hospital Medical Staff, Middlesex, Connecticut; San Juan, Puerto Rico; Topic: Usage of MRI for Diagnosis of Knee Injuries; April 1995
- Guest Lecturer at the Jerusalem International Sports Symposium; Kibbutz Maale Haamamisha; Jerusalem, Israel. Topic: Arthroscopic Techniques of Rotator Cuff Repair, lecture and video presentation. Sponsored by the Israeli Sports Medicine Society, Gideon Mann, MD, President. March 26-27, 2001.
- Numerous lectures advocating and explaining the ACI (Autologous Cartilage Implantation) technique - to physician groups
- Moderator and Lecturer at Advanced Carticel Seminar describing indications, complications and advances of the technique; May 2004, Dallas, Texas.

Projects of Interest

- Wrote and developed a sixteen minute video educational tape for 3M Corporation entitled “Aggressive Rehabilitation Following BTB-LAD Composite Ligament Reconstruction”
- Study of Anterior Cruciate Ligament Reconstruction using the LAD, Ligament Augmentation Device, and a proximal-distal tie down technique; study completed 1992
- Leadership Arlington - 12 month program of young professionals 1985-1986
- Wrote a weekly commentary on Orthopedics and Sports Medicine for the Fort Worth Telegram 1990-1993
- Executive Director of the Annual Coaches and Trainers Sports Medicine Update Seminar held in Arlington, Texas 1990-1992
- Author of “Potential Leg Injuries Related to Kick Boxing” - presented paper at the National Association of Boxing Commissioners, May 1991
- Medical Consultant and “on floor” physician for the 10th US National Junior Olympic TAE KWON DO Championships, July 1990
- Developed exercise and stretching program for American Black Belt Academy, 1991
- Involved in ongoing development of technique and concept of Carticel Autologous Cartilage Implantation cultured cell procedure for joint restoration and preservation. 2001-present

Teaching Affiliations

- Clinical Instructor of Anatomy and Lab Dissection at Northeast Ohio College of Medicine, 1980-1981
- Clinical Consultant - Family Practice Residency Program; Texas College of Osteopathic Medicine, Fort Worth, Texas, 1990-1991
- Course Director of Orthopedics - Family Practice Residency Program; Texas College of Osteopathic Medicine, Fort Worth, Texas, 1990-1991

Community Service Presentations

- “Walking: Benefits and Possible Injuries”; Lecture to the Grand Prairie ISD - January 1993
- “Middle Age Athletic Conditioning”; Lecture to the Optimist Club of Arlington - February 1993
- “Conditioning and Physical Fitness of a Police Officer”; Lecture for the City of Arlington Police Academy - May 1993

- “The Linkage Principle and How It Relates to Rehabilitation”; Lecture to the Mansfield High School trainers and student trainers - October 1997
- “Physical Examination of the Knee”; Lecture to Mansfield High School trainers and student trainers - November 1998

Practice Information

- Director of Knee and Sports Medicine Institute of Texas, Arlington, Texas
- Attending Medical Staff of HCA Medical Center of Arlington, Arlington, Texas, 1981-Present, Active Staff.
 - Chief-of-Staff Medical Center of Arlington 2003-2005
 - Vice Chief-of-Staff Medical Center of Arlington 2001-2003
 - Secretary/Treasurer of the Medical Staff, Medical Center of Arlington 1999-2001
 - Chief of Orthopedic Service 1990-1997
 - Chief of Orthopedic Service 1999-2001
 - Chairman of OR Operations Committee 1999-2003
 - Vice Chairman of OR Operations Committee 1995-1999
 - Vice Chairman of Credentials Committee 1989-2003
 - Member of Medical Executive Committee Medical Center of Arlington 1990-1997; 1999-present
 - Member Board of Trustees Medical Center of Arlington 2003-2005
- Attending Medical Staff of Huguley Memorial Medical Center, Fort Worth, Texas, 1993-1998, Courtesy Staff; Elective termination of privileges due to lack of usage
- Attending Medical Staff of Arlington Memorial Hospital, Arlington, Texas, 1998-2003, Courtesy Staff; Elective termination of privileges due to lack of usage
- Attending Medical Staff of Arlington Day Surgery, Arlington, Texas, 1997-2001, Active Staff; Elective termination of privileges due to lack of usage
- Partner and Managing Partner in Regional Orthopedics and Sports Medicine Specialists, Arlington, Texas
- Partner of Arlington Orthopedic Associates, PA, Arlington, Texas
- Attending Medical Staff of Surgery Center of Arlington, Arlington, Texas, 2000-present, Active Staff
- Medical Executive Committee serving as secretary/treasurer for Surgical Center of Arlington, Arlington, Texas; 2000-2002

Current Research and Professional Interests

- Founder and Medical Director of The Joint Preservation Center (JPC) a cooperative of Arlington Orthopedic Associates, Medical Center of Arlington and Surgical Center of Arlington associated with the non-profit wholly owned Foundation for Joint Preservation
- The Foundation and the JPC are instrumental in forming and promoting knee joint health offering patients options of treatment that may or may not include knee replacement.
- Of importance, the JPC is interested in the Carticel procedure. It is one of only six Centers of Excellence in the USA as designated by The Genzyme Corporation. The JPC is a referral center and does the complicated operative procedures of Carticel. (Articular Cartilage is harvested from the patient, grown and cultured in a special laboratory to increase the chondrocyte numbers, then the cells are re-implanted into the patient’s knee to fill joint surface defects thereby preserving the joint function and decreasing the chance of future arthritis.)
- Currently on the National Speaking Board representing Genzyme Corporation speaking on behalf of the Carticel procedure.
- Soon to be involved in new cell matrix implant theories and techniques to be introduced into the United States. (Currently only available in Europe)

Personal Interests

- Karate; Hold rank of First Degree Black Belt for World TAE KWON DO Federation
- Various Aerobic Exercises
- Music - Formerly a Semi-Professional singer having performed with Bob Hope, Petula Clark, The Fifth Dimension, Al Hirt, Pete Fountain, Bob Newhart, Tony Bennett, and for President Richard Nixon as well as for several governors of the State of Indiana; week-long engagements at Disneyland, California and Waldorf Astoria in New York City; guest soloist Miss Indiana Pageant