CURRICULUM VITAE

DONALD S. STEWART M.D.

Arlington Orthopedic Associates P.A. 800 Orthopedic Way Arlington, TX 76015 Office: (817)-375-5200

Fax: (817)-299-1751 www.arlingtonortho.com

EMPLOYMENT

2011-present Arlington Orthopedic Associates P.A. Arlington, TX

Practice Includes Subspecialty Orthopedic foot and ankle and lower extremity

reconstruction. Also practice general orthopedic trauma

2008- 2011 UNT Health Science Center Fort Worth, TX

Assistant Professor in Orthopedic Surgery

Specialty Foot and Ankle and Lower Extremity Reconstruction

Chairman: David M Lichtman M.D.

EDUCATION

2010 Board Certified Orthopedic Surgery and Foot and Ankle Surgery

Recertified 2020

2010 Advanced Taylor Spatial Frame Training Pretoria, South Africa

One week course for evaluation and management of complex limb salvage

problems using computer assisted multiplanar external fixators

2008 AO Trauma Fellowship Dresden, Germany

Two month fellowship with Dr. Zwipp/ Rammelt Focus on lower extremity trauma and posttraumatic

reconstruction

2007-2008 Foundation Orthopedic Athletic and Reconstr. Research Houston, TX

Fellowship in Foot and Ankle Surgery Director: Thomas O. Clanton M.D.

Contact: 713-799-2429

2002-2007 Scott and White Hospital Temple, TX

Orthopaedic Surgery Residency Program

Chairman: Robert A. Probe M.D.

Contact: 254-724-6734

1998-2002 UT Southwestern Medical School Dallas, TX

Degree: Medical Doctorate Honors: Alpha Omega Alpha

College Station, TX

1994-1998 Texas A&M University

Degree: Bachelor of Science in Biomedical Science

Honors: Summa Cum Laude

LEADERSHIP

2022-present Arlington Orthopedic Associates Arlington, TX

Board Member

2019-present Baylor Orthopedic and Spine Hospital Arlington, TX

Medical Executive Committee Value Purchasing Committe

PUBLICATIONS

2020	Wood, Stewart et al. Kinematic analysis of combined suture-button and suture anchor augment constructs for ankle syndesmosis injuries. Foot and Ankle International. Vol 41 (4) 463-472.
2016	Cromeens, Stewart, et al. An Attachment-Based Description of the Medial Collateral and Spring Ligament Complexes. Foot and Ankle International. Vol36(6) 710-721.
2013	Brinker. <i>Review of Orthopedic Trauma</i> . Primary author for chapter on Injuries of the Ankle and chapter on Injuries of the ankle.
2012	Chaput, Dangott, Rahm, Hitt, Stewart, Sampson. A proteomic Variation Between Osteopenic and Age-matched Control Bone Tissue. Experimental Biology and Medicine00: 1-8, 2012.
2011	Cromeens, B; Patterson R; Sheedlo H; Motley T; Stewart D.: Association of hindfoot ligament tears and osteochondral lesions. Foot Ankle Int. 32:1164-1174, 2011.

RESEARCH

2005 Shriner's Hospital Houston, TX

Effect Of Lateral Column Lengthening and Medial Column Stabilization on Foot Pressures in Cerebral Palsy

- Analyzing foot pressures after surgery for pes planovalgus deformity and comparing to pre-operative foot pressures
- Podium presentation at AAOS
- Submitting for publication

6/97-8/98 UT Southwestern Medical Center Dallas, TX

Molecular and Cell Biology Department - Undergraduate Research Fellow

 Isolation of a promoter sequence in Drosophila melanogaster for signaling apoptosis

PRESENTATIONS/ TEACHING

2016 Arthrex speaker and consultant

2014-present Work Twice Weekly with Orthopedic Residents John Petersmith Hospital

- Residents assist in clinic and operating room
- Provide Grand Rounds and Lecture

2011-2019 Course Instructor Smith Nephew TSF

- Lecture Presentation and laboratory assistance for multiplanar external fixators/ Taylor Spatial Frames
- Lecture 2-3 times per year

2010-2011 Lab Instructor Smith Nephew TSF

Assisted in teaching new users for multiplanar external fixators

2010 AO Instructor Synthes for Little Rock, Arkansas

Presentations and lab instruction for modular foot set for complex foot reconstruction

2008 AO Instructor Synthes for UT Southwestern

· Presentations and lab instructor for foot and ankle trauma

2007 AAOS Podium Presentation

• Effect Of Lateral Column Lengthening and Medial Column Stabilization on Foot Pressures in Cerebral Palsy

EXPERIENCES

2018-2022 Assistant Team Physician UTA Athletics Arlington, TX 2007-2008 Assistant Team Physician for the Houston Rockets Houston, TX

 Assist with care of professional athletes in the training room and during games

2007-2008 Foundation Orthopedic Athletic and Reconstr. Research

Assistant Team Physician for Rice Athletics

 Game coverage and athletic care for football, volleyball, basketball, soccer

1999, 2001 UT Southwestern Department of Anatomy Dallas, TX

Teaching Assistant

- Responsible for dissection and teaching of human anatomy for first year medical students
- Creation of prosections for supplemental teaching

1999-2001 Camp Sweeney Diabetic Education Camp Gainesville, TX Medical Staff

 Care and education of diabetic children included monitoring and adjusting daily insulin regimens and general and emergency pediatric care 1997-1998 Texas A&M Department of Physiology College Station, TX

Teaching Assistant

1996 Dr. Steven Walters DDS/OMFS Arlington, TX

Surgical Assistant

VOLUNTEER

2015-2019 TCU Athletics

Assistant Team Physician/ Orthopedic Foot and Ankle

2015 Irving Marathon

Orthopedic Physician

2012-present Faith In Practice

Orthopedic Medical Staff for Mission trips to Antigua Guatemala

2007-2008 UT Houston Houston, TX

Assistant Team Physician for Rice Athletics and Houston Rockets

2006 Scott and White Hospital Temple, TX

Physician

Sports medicine talks for personal trainers

2002-2003 Scott and White Hospital Temple, TX

Team Physician

Care of on field injuries at high school football games

1999 UT Southwestern Medical School Dallas, TX

Member of Welcome Committee

Attended all interviews and set up interview lunches

1994-1997 Texas A&M Bonfire Building Crew College Station, TX

Member

 Participated 50-60 hours each fall in cutting trees and building bonfire for the rally before the Texas A&M and University of Texas football game

OTHER AWARDS

Top Doc Fort Worth 2022,2015, 2013, 2012 Eagle Scout, Boy Scouts of America 1993

CAREER INTERESTS

Reconstructive Foot and Ankle Surgery

Blend of sports medicine oriented as well as trauma and hindfoot/ midfoot reconstructive

Interest in ilizarov and AO applications to trauma

Sports Medicine

Plan to continue practice with either professional, collegiate, or high school athletics Trauma

Comfortable with trauma call and cases

Would enjoy complex lower extremity trauma as well especially involving the ankle and foot

Resident Teaching

Setup Mission trips outside of the US to provide basic orthopedic care

PERSONAL LIFE

Place of Birth: Fort Worth, Texas Married May 24, 2003 to Samantha Stewart (pharmacist) 2 Children 6 and 9

OUTSIDE INTERESTS

Travel
Running- completed Austin Marathon 2008
Cars
Movies
Working out